

Maryland WIC

Breastfeeding Support Resources

Anne Arundel County WIC Program

Anne Arundel County Department of Health

410-222-0085

- Lactation consultants, IBCLC
- Support groups and classes
- Nursing bras, pumps and more aids

All services free to WIC participants.

Anne Arundel Medical Center

Warm line: 443-481-6977

- Pump rentals and sales
- Breastfeeding support group for new moms
- Prenatal Breastfeeding class:
443-481-4000 or 1-800-MDNURSE

Baltimore Washington Medical Center

Warm Line: 410-595-1782 or

www.mybwmc.org/childbirth-education

- Lactation Consultants
- Breastfeeding support group for new moms

Harbor Hospital

- Prenatal Breastfeeding class:
410-350-2563
- Lactation Consultant by phone:
410-350-2234

Kimbrough Ambulatory Care Center

Ft. Mead

- Breastfeeding help: 301-677-8424

Malcolm Grow Medical Center Andrews Air Force Base

- Breastfeeding help:
240-857-5379
- Breastfeeding classes:
240-857-2979
- Lactation Consultant:
240-857-3297

Mercy Hospital

- Prenatal Breastfeeding Classes:
410-332-9604
- Warm Line:
410-332-9060

St. Agnes Hospital

- Breastfeeding class:
410-368-2810
- Warm Line/return to work class:
410-368-2624

University of Maryland Medical Center

- Telephone/outpatient support:
410-328-3512
- Prenatal Breastfeeding class:
410-328-2944

Walter Reed National Military Medical Center Bethesda

- Prenatal Breastfeeding class:
1-866-628-9633
- Breastfeeding help:
301-295-9959

Some of the Hospitals listed charge fees for services. Call for more information.

Community Breastfeeding Resources

Special Beginnings Birth and Women's Center

410-626-8982 | Arnold, MD

- Prenatal breastfeeding class and pumping class
- Breastfeeding Boutique, nursing supplies and pump rentals
- Lactation Consultant, free mini consult, fee for longer consults; call for hours

Breastfeeding Resource Center

Serving Millersville and Glen Burnie

- Linda Dayton: 410-987-7756
- Pump rentals and sales, discount for WIC clients

Independent Lactation Consultants

Fees vary for consultations, breastfeeding supplies, pump rentals and sales

- Kim Knight, RN, IBCLC:
 - 410-533-5343
 - www.breastfeedingworks.com,
 - Annapolis, Severna Park & Arnold
- Laurel Naff, RN, IBCLC:
 - 240-460-8664
 - www.annapolisbreastfeedingcare.com
- Kathleen Stahl, RN, IBCLC:
 - 443-458-8285
 - www.annapolisbreastfeedingcare.com

La Leche League

www.llofmd-de-dc.org

- Monthly support meetings led by accredited leaders
- Free telephone help
- Annapolis:
 - Audrey: 410-757-5175
 - Gina: 443-534-2664

- Lara: 410-956-4451
- Sarah: 443-699-6122
- North County:
 - Barbara: 970-531-1232
 - Vivienne: 443-722-6292
call or text

National Women's Health Information Center

www.4woman.gov/breastfeeding

Helpline/Publications:

1-800-994-WOMAN (9662)

Some of the resources listed charge fees for services. Call for more information.

Breastfeeding Websites

- Maryland Breastfeeding Coalition
www.mdbfc.org
- Maryland WIC Program
www.mdwic.org
- Office on Women's Health
www.womenshealth.gov/breastfeeding
www.womenshealth.gov/itsonlynatural

