

Anne Arundel County Department of Health WIC Program

Breastfeeding Classes & Support Groups

Learn how to breastfeed successfully!

Talk to other breastfeeding moms, discuss experiences and share information.

Breastfeeding Classes

Annapolis

- June 7, 2017
5:00 p.m. - 6:00 p.m.
- June 16, 2017
11:00 a.m. - noon
- July 5, 2017
5:00 p.m. - 6:00 p.m.
- July 21, 2017
11:00 a.m. - noon
- August 2, 2017
5:00 p.m. - 6:00 p.m.
- August 18, 2017
11:00 a.m. - noon

North County

- June 14, 2017
5:00 p.m. - 6:00 p.m.
- June 27, 2017
10:30 a.m. - 11:30 a.m.
- June 28, 2017
5:00 p.m. - 6:00 p.m.
- July 12, 2017
5:00 p.m. - 6:00 p.m.
- July 25, 2017
10:30 a.m. - 11:30 a.m.
- July 26, 2017
5:00 p.m. - 6:00 p.m.
- August 9, 2017
5:00 p.m. - 6:00 p.m.
- August 22, 2017
10:30 a.m. - 11:30 a.m.
- August 23, 2017
5:00 p.m. - 6:00 p.m.

Breastfeeding Support Groups

Annapolis

- June 2, 2017
9:30 a.m. - 11:30 a.m.
- June 9, 2017
9:30 a.m. - 11:30 a.m.
- June 16, 2017
9:30 a.m. - 10:30 a.m.
- June 23 & 30, 2017
9:30 a.m. - 11:30 a.m.
- July 7, 2017
9:30 a.m. - 11:30 a.m.
- July 14, 2017
9:30 a.m. - 11:30 a.m.
- July 21, 2017
9:30 p.m. - 10:30 p.m.
- July 28, 2017
9:30 a.m. - 11:30 a.m.
- August 4, 2017
9:30 a.m. - 11:30 a.m.
- August 11, 2017
9:30 a.m. - 11:30 a.m.
- August 18, 2017
9:30 a.m. - 10:30 a.m.
- August 25, 2017
9:30 a.m. - 11:30 a.m.

North County

- June 1, 2017
9:30 a.m. - 11:30 a.m.
- June 15, 2017
9:30 a.m. - 11:30 a.m.
- July 6, 2017
9:30 a.m. - 11:30 a.m.
- July 20, 2017
9:30 a.m. - 11:30 a.m.
- August 3, 2017
9:30 a.m. - 11:30 a.m.
- August 17 & 31, 2017
9:30 a.m. - 11:30 a.m.

Annapolis - 3 Harry S. Truman Parkway, Annapolis, MD 21401

North County - 791 Aquahart Road, Glen Burnie, MD 21061

Pregnant and breastfeeding women are encouraged to attend these programs.

Bring your partner or a supportive friend. Children are welcome!

Bring your WIC I.D. folder.

WIC checks will be given out at the end of the session to participants who are due checks. Call 410-222-0085 for additional information.

This institution is an equal opportunity provider and employer. www.aahealth.org/wic

Departamento de Salud del Condado Anne Arundel Programa WIC

Clases y Grupos de Apoyo de Amamantamiento

Aprenda como amamantar con éxito!

Hable con otras madres que están dando de mamar, discuta experiencias y comparta información.

Clases de Amamantamiento

Annapolis

- Miércoles, 7 Junio 2017
5:00 p.m. - 6:00 p.m.
- Viernes, 16 Junio 2017
11:00 a.m. - mediodía
- Miércoles, 5 Julio 2017
5:00 p.m. - 6:00 p.m.
- Viernes, 21 Julio 2017
11:00 a.m. - mediodía
- Miércoles, 2 Agosto 2017
5:00 p.m. - 6:00 p.m.
- Viernes, 18 Agosto 2017
11:00 a.m. - mediodía

Condado Norte

- Miércoles, 14 Junio 2017
5:00 p.m. - 6:00 p.m.
- Miércoles, 28 Junio 2017
5:00 p.m. - 6:00 p.m.
- Martes, 27 Junio 2017
10:30 a.m. - 11:30 a.m.
- Miércoles, 12 Julio 2017
5:00 p.m. - 6:00 p.m.
- Martes, 25 Julio 2017
10:30 a.m. - 11:30 a.m.
- Miércoles, 26 Julio 2017
5:00 p.m. - 6:00 p.m.
- Miércoles, 9 Agosto 2017
5:00 p.m. - 6:00 p.m.
- Martes, 22 Agosto 2017
10:30 a.m. - 11:30 a.m.
- Miércoles, 23 Agosto 2017
5:00 p.m. - 6:00 p.m.

Grupos de Apoyo de Amamantamiento

Annapolis

- Viernes, 2 Junio 2017
9:30 a.m. - 11:30 a.m.
- Viernes, 9 Junio 2017
9:30 a.m. - 10:30 a.m.
- Viernes, 16 Junio 2017
9:30 a.m. - 11:30 a.m.
- Viernes, 23 & 30 Junio 2017
9:30 a.m. - 10:30 a.m.
- Viernes, 7 Julio 2017
9:30 a.m. - 11:30 a.m.
- Viernes, 14 Julio 2017
9:30 a.m. - 10:30 a.m.
- Viernes, 21 Julio 2017
9:30 a.m. - 11:30 a.m.
- Viernes, 28 Julio 2017
9:30 a.m. - 11:30 a.m.
- Viernes, 4 Agosto 2017
9:30 a.m. - 11:30 a.m.
- Viernes, 11 Agosto 2017
9:30 a.m. - 11:30 a.m.
- Viernes, 18 Agosto 2017
9:30 a.m. - 10:30 a.m.
- Viernes, 25 Agosto 2017
9:30 a.m. - 11:30 a.m.

North County

- Jueves, 1 Junio 2017
9:30 a.m. - 11:30 a.m.
- Jueves, 15 Junio 2017
9:30 a.m. - 11:30 a.m.
- Jueves, 6 Julio 2017
9:30 a.m. - 11:30 a.m.
- Jueves, 20 Julio 2017
9:30 a.m. - 11:30 a.m.
- Jueves, 3 Agosto 2017
9:30 a.m. - 11:30 a.m.
- Jueves, 17 & 31 Agosto 2017
9:30 a.m. - 11:30 a.m.

Annapolis - 3 Harry S. Truman Parkway, Annapolis, MD 21401

Condado Norte - 791 Aquahart Road, Glen Burnie, MD 21061

Invitamos a las mujeres embarazadas y mujeres que estén amamantando a atender estos programas. Traiga a su pareja o a su mejor amigo(a). Los niños son bienvenidos!

Traiga su folder del Programa del WIC.

Si le debemos cheques, le serán entregados al final de la sesión. Llame al 410-222-0139 para información adicional. Esta institución provee igualdad de oportunidad y empleos. www.aasalud.org