THE FAMILY TREE
FAMILY STRESSLINE:
1-800-243-7337

A 24-hour family crisis hotline that provides assistance with parent stress management and child behavior management. Also provides referrals to community resources.
HEALTHY BABIES RESOURCE LIST

ANNE ARUNDEL COUNTY DEPARTMENT OF HEALTH

General Telephone Number: 410-222-7095
Website: www.aahealthybabies.org
Facebook: www.facebook.com/aahealth

Dental Health Services:
Annapolis: 410-222-7138
Glen Burnie: 410-222-6861

Healthy Start Services for Pregnant Women and Infants:
410-222-7177
Services include health advice, referrals, telephone consultations and home visits, parenting support and child development information, baby supplies and transportation assistance.

HIV/AIDS Services and Programs:
410-222-7108

Immunization Services:
410-222-4896

Flu Shot Clinic Information:
410-222-7343 (October-December)

Lead Poisoning Prevention:
410-222-7003

Learn To Live, Focus on Healthy Living:
410-222-7979
Free information on quitting smoking, secondhand smoke, healthy eating and other health topics.

Maryland Children’s Health Program (MCHP)/Medical Assistance for Families:
410-222-4792
Health insurance for eligible children up to age 21 as well as parents (including pregnant women) and other family members caring for children.

Medical Assistance/Health Choice Transportation:
410-222-7152

Prescription Savings Program:
410-222-4531, mention Group #586

REACH (REsidents Access to a Coalition of Health) Program:
410-222-4531
Offers low-cost health care to adults ages 19-64 who have no health insurance and are income-eligible.

Substance Abuse Treatment Referral Line:
410-222-0117

Women, Infants, and Children (WIC) Supplemental Nutrition Program:
410-222-6797
Provides healthy food, nutrition education and breastfeeding information and support to income-eligible pregnant and postpartum women and children from birth to age 5.

LOCAL COMMUNITY HEALTH CENTERS, HOSPITALS AND BIRTHING CENTERS

Anne Arundel Medical Center:
443-481-4000, www.aahs.org

Anne Arundel Medical Center’s Breastfeeding/Lactation WARMline:
443-481-6977, email: lactationdept.aahs.org
http://www.aahs.org/birth/lactation.php

University of Maryland Baltimore Washington Medical Center:
410-787-4000, www.mybwmc.org

Bay Area Midwifery Center:
410-573-1094, www.bayareamidwifery.com

MedStar Harbor Hospital:

Owensville Primary Care:
410-867-4700, www.owensvillepc.com

Special Beginnings Birth and Women’s Center:
410-626-8982, www.specialbeginnings.com

OSTER LOCAL RESOURCES

Offers Early Head Start, Head Start, housing counseling and energy assistance.

Anne Arundel County Department of Social Services:
Annapolis: 410-269-4500
Glen Burnie: 410-421-8500
www.dhr.state.md.us/blog/?p=192

Anne Arundel County Domestic Violence Hotline: 410-222-6800
www.annapolisywca.org/programs

Anne Arundel County Infants and Toddlers Program: 410-222-6911, http://www.aacps.org/itp/

Anne Arundel County Mental Health Agency, Inc.: 410-768-5522
www.aamentalhealth.org

Anne Arundel County Stork’s Nest Program: 410-787-4366
www.mybwmc.org/storks-nest
A free prenatal education program for Anne Arundel County pregnant women.

Arundel Child Care Connections: 410-222-1728, www.arundelccc.org
Offers assistance in locating licensed child care.

Family Support Centers:
Annapolis: 410-269-4478

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Maryland Kids in Safety Seats (KISS):
1-800-370-SEAT (7328)

YWCA Annapolis and Anne Arundel County:
410-626-7800, www.annapolisywca.org
Support programs, cribs and services for pregnant women and parents.

Food Pantries:
North County Emergency Outreach Network: 410-766-1826
Severna Park Assistance Network: 410-647-0889
South County Baby Food Pantry: 410-867-0346