

CALL OUR PREGNANCY AND PARENTING HELPLINE TODAY

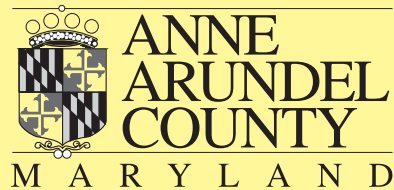
THE FAMILY TREE FAMILY STRESSLINE: 1-800-243-7337

A 24-hour family crisis hotline that provides assistance with parent stress management and child behavior management. Also provides referrals to community resources.

ANNE ARUNDEL COUNTY
PREGNANCY & PARENTING

HAVE A HEALTHY BABY.

www.aachealthybabies.org



**HEALTHY
BABIES**
RESOURCE LIST

General Telephone Number: 410-222-7095

Website: www.aahealthybabies.org

Facebook: www.facebook.com/aahealth

Dental Health Services:

Annapolis: 410-222-7138

Glen Burnie: 410-222-6861

**Healthy Start Services for Pregnant
Women and Infants:**

410-222-7177

Services include health advice, referrals, telephone consultations and home visits, parenting support and child development information, baby supplies and transportation assistance.

HIV/AIDS Services and Programs:

410-222-7108

Immunization Services:

410-222-4896

Flu Shot Clinic Information:

410-222-7343 (October-December)

Lead Poisoning Prevention:

410-222-7003

Learn To Live, Focus on Healthy Living:

410-222-7979

Free information on quitting smoking, secondhand smoke, healthy eating and other health topics.

**Maryland Children's Health Program (MCHP)/
Medical Assistance for Families:**

410-222-4792

Health insurance for eligible children up to age 21 as well as parents (including pregnant women) and other family members caring for children.

Medical Assistance/Health Choice Transportation:

410-222-7152

Prescription Savings Program:

410-222-4531, mention Group #586

**REACH (REsidents Access to a Coalition
of Health) Program:**

410-222-4531

Offers low-cost health care to adults ages 19-64 who have no health insurance and are income-eligible.

Substance Abuse Treatment Referral Line:

410-222-0117

**Women, Infants, and Children (WIC)
Supplemental Nutrition Program:**

410-222-6797

Provides healthy food, nutrition education and breastfeeding information and support to income-eligible pregnant and postpartum women and children from birth to age 5.

**LOCAL COMMUNITY HEALTH
CENTERS, HOSPITALS AND
BIRTHING CENTERS**

Anne Arundel Medical Center:

443-481-4000, www.aahs.org

**Anne Arundel Medical Center's Breastfeeding/
Lactation WARMLine:**

443-481-6977, email: lactationdept.aahs.org
<http://www.aahs.org/birth/lactation.php>

**University of Maryland Baltimore Washington
Medical Center:**

410-787-4000, www.mybwmc.org

Bay Area Midwifery Center:

410-573-1094, www.bayareamidwifery.com

MedStar Harbor Hospital:

410-350-3200, www.harborhospital.org

Owensville Primary Care:

410-867-4700, www.owensvillepc.com

Special Beginnings Birth and Women's Center:

410-626-8982, www.specialbeginnings.com

OTHER LOCAL RESOURCES

**Anne Arundel County Community Action
Agency:** 410-626-1900, www.aaccaa.org

Offers Early Head Start, Head Start, housing counseling and energy assistance.

**Anne Arundel County Department of
Social Services:**

Annapolis: 410-269-4500

Glen Burnie: 410-421-8500

www.dhr.state.md.us/blog/?p=192

**Anne Arundel County Domestic Violence
Hotline:** 410-222-6800

www.annapolisywca.org/programs

Anne Arundel County Infants and Toddlers

Program: 410-222-6911, <http://www.aacps.org/itp/>

**Anne Arundel County Mental Health
Agency, Inc.:** Warmline 410-768-5522

www.aamentalhealth.org

Anne Arundel County Stork's Nest Program:

410-787-4366

www.mybwmc.org/storks-nest

A free prenatal education program for Anne Arundel County pregnant women.

Arundel Child Care Connections:

410-222-1728, www.arundelccc.org

Offers assistance in locating licensed child care.

Family Support Centers:

Annapolis: 410-269-4478

Maryland Kids in Safety Seats (KISS):

1-800-370-SEAT (7328)

YWCA Annapolis and Anne Arundel County:

410-626-7800, www.annapolisywca.org

Support programs, cribs and services for pregnant women and parents.

Food Pantries:

North County Emergency Outreach Network:
410-766-1826

Severna Park Assistance Network: 410-647-0889

South County Baby Food Pantry: 410-867-0346