



County Health Equity Forum



Anne Arundel County
Department of Health
Office of Assessment and Planning



Office of Health Equity and Racial Justice (HERJ)

Monday, October 23, 2023, 3:00 PM (EST)



Anne Arundel County
Department of Health

Welcome

Thank you for joining today's Health Equity Forum!

Purpose: Brings together health equity champions who live, work, play, worship, and learn in Anne Arundel County for information-sharing, idea exchange, and meaningful conversations about social drivers of health and efforts to unlock opportunity for everyone to achieve their best health.

For online participants:

- Mute your microphone to minimize background noises.
- Use any or all of the below options for questions, comments, responses, and reactions:
 - Chat feature
 - Raise Hand icon via the Reactions feature to let the presenters know you want to speak. *Before you speak, please share your name and organization.*
 - Email us at: healthequity@aacounty.org

Please note: If you are only participating by phone, it is recommended that you use the Zoom App.

For in-person participants:

- Use any or all of the below options for questions, comments, and responses:
 - During Q&A, let the presenters know you want to speak. *Before you speak, please share your name and organization.*
 - Email us at: healthequity@aacounty.org

Please note: This hybrid meeting is being recorded.



Chat with Us!



React to the Forum!



County Health Equity Forum Agenda

Monday, October 23, 2023, 3:00 PM (EST)

3:00 PM	Welcome & Introductions Corynna Limerick, MPH , Program Manager, AACDOH, OAP, Office of Health Equity and Racial Justice
3:10 PM	Toni Gedin, RN, DNP , Health Officer, AACDOH <ul style="list-style-type: none">It's Flu Season!
3:15 PM	Karrisa Kelly , Director, Anne Arundel County Department of Aging and Disabilities <ul style="list-style-type: none">Disability Inclusion, the Health of People with Disabilities Living in Anne Arundel County, and the Department of Aging and Disabilities' Programs and ServicesQ&A
3:30 PM	Erin Ashinghurst, MS , Deputy Director, Accessible Resources for Independence, Center for Independent Living <ul style="list-style-type: none">Advancing Access, Equity, and Inclusion for People with DisabilitiesQ&A
3:45 PM	Mindi Garrett, MPH, CHES , Health Policy Analyst, AACDOH, OAP, Healthy Anne Arundel Coalition (HAAC) <ul style="list-style-type: none">HAAC and Find HelpQ&A
3:50 PM	Corynna Limerick, MPH , Program Manager, AACDOH, OAP, Office of Health Equity and Racial Justice <ul style="list-style-type: none">Closing RemarksAdjournment



Anne Arundel County
Department of Health



Tonii Gedin, RN, DNP, Health Officer
Anne Arundel County Department of Health



It's Flu Season! How can I protect myself and others from the Flu?

Get the influenza vaccine.

- Flu vaccine is still **the** best way to prevent the flu.

Cover your coughs and sneezes.

- Either with a tissue or the inner aspect of your elbow.

Practice good hand hygiene.

- Unless hands are visibly soiled, used hand sanitizer.
- Wash your hands with soap and warm water for 20 seconds whenever you can.

Stay home when you are sick.



Flu vaccine is recommended for everyone ages
6 months and older.



Anne Arundel County
Department of Health

Prevention is the fastest, easiest, cheapest and most effective way to protect yourself and others against influenza and all other vaccine-preventable diseases.

Anne Arundel County Department of Health clinics: <https://www.aahealth.org/>

or

Get your flu shot from your medical provider or community pharmacy

or

Schedule an appointment at one of the the Department of Health's health centers:

Glen Burnie Health Center 410-222-6633

Parole Health Center 410-222-7247

#NDEAM | #RehabAct50
dol.gov/odep

ADVANCING ACCESS & EQUITY

National Disability Employment
Awareness Month

Celebrating 50 years of the Rehabilitation Act of 1973



Anne Arundel County
Department of Health





Anne Arundel County
Department of Health

Celebrating Hispanic Heritage Month through Health Promotion

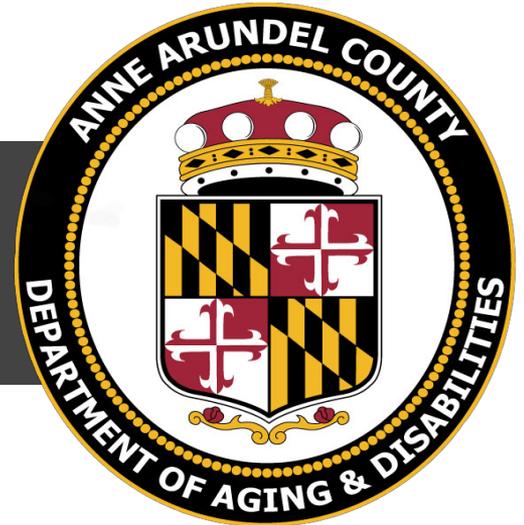


Karrisa Kelly, Director,
Anne Arundel County Department of Aging and Disabilities

Anne Arundel County Department of Aging and Disabilities

Karrisa Kelly

October 23, 2023



2023-2024



ANNE ARUNDEL COUNTY DIRECTORY



FOR OLDER ADULTS, INDIVIDUALS
WITH DISABILITIES, VETERANS,
CAREGIVERS AND THEIR
FAMILIES, OR ANYONE
PLANNING THEIR FUTURE



LET US HELP
YOU PLAN FOR
YOUR FUTURE
410-222-4257

Anne Arundel County Department
of Aging and Disabilities
Anne Arundel Senior Services
Provider Group, Inc.

ADRC

&

Long Term Care Division

<https://isuu.com/whatsuppublishing/docs/seniors23>



The Anne Arundel County Department of Aging and
Disabilities and Commission on Disability Issues
Host



2023 Theme: Advancing Access and Equity

2023 DisAbility Awareness Day

Award Presentations by the County Executive,
Exhibitors, Entertainment, Educational Resources,
Assistive Technology Loan Program, and more!

Saturday, October 28, 2023

Time: 10:00 a.m. to 12:00 p.m.

Where: Westfield Annapolis Mall
2002 Annapolis Mall Road
Annapolis, MD 21401
(Near the Crate & Barrel Store)

An ASL Interpreter and
CART Reporter
will be available.

Anyone needing accommodations must contact
Vickie Martin at 410-222-4383 or
agmart11@aacounty.org. TTY users, please call
Maryland Relay at 7-1-1. All materials are
available in alternate formats upon request.



Disability & Community Services Division

Disability Statistics

- 2020 Census
 - **7.2%** Residents under the age of 65 identify as having a disability
 - 43,000 Residents
 - **16.2%** Residents over 65
 - 96,000 Residents
- Disability statistics are traditionally lower than the actual due to under reporting
 - Do not identify as having a disability
 - Concerns about reporting

Department of Aging and Disabilities

~Advancing Equity and Access

- Maryland Access Point
 - Accessible Resources for Independence
- Americans with Disabilities Act Office
- Assistive Technology Loan Program
- Commission on Disability Issues
- Caregiver Support
- Transportation
- Waiver Program
- Respite Care
- Telephone Reassurance
- MICH
- SHIP



410-222-4257

Health Equity and Access

- ADA
 - Architectural barriers to access at physician and community health care offices
 - Parking
 - Building Access
 - Attendant needs for medical procedures -MRI, CAT, etc.
 - Transfer assistance
- Transportation
- Social Determinants of Health
- No local level funding/resources

THANK YOU!

Karrisa Kelly, Director

Anne Arundel County Department of Aging & Disabilities

www.aacounty.org/aging

410-222-4257, TTY users 7-1-1

info_and_assistance@aacounty.org





Anne Arundel County
Department of Health

Through a Health Equity Lens



Erin Ashinghurst, MS
Deputy Director of Programs and Services
Accessible Resources for Independence,
Center for Independent Living

Accessible Resources for Independence

Disability and Health Equity



**ACCESSIBLE RESOURCES
FOR INDEPENDENCE**
CENTER FOR INDEPENDENT LIVING

Introduction

- Disability advocate promoting disability community interests within health and human services
- Experience building state and local disability and health coalitions to develop disability inclusion trainings, toolkits, and publications



Erin Ashinghurst, MS
Deputy Director,
Accessible Resources for Independence



Accessible Resources for Independence

- ARI is the Center for Independent Living (CIL) reaching people with disabilities and their networks in Anne Arundel and Howard County, Maryland
 - CILS are Consumer-controlled, community-based, cross-disability, non-residential nonprofit agencies led by people with disabilities
 - We aim to strengthen our disability advocacy network by providing information and services that empower our community
-

Independent Living Philosophy

A movement of people with disabilities who work for self-determination, equal opportunities, and respect.

People with disabilities have the same basic human rights as those without disabilities to participate in and contribute to community life.

What is Disability?

- A disability is any condition of the body or mind that makes it more difficult for the person with the condition to do certain activities and interact with the world around them
- There are many different types of disability
- Some disabilities may be hidden, or not easy to observe

Three Dimensions of Disability

Impairment

- In the body structure or function

Activity Limitation

- Such as difficulty seeing, hearing, walking, or problem solving

Participation Restrictions

- In daily activities like working, social engagement, recreational activities, or health care

Standards for Disability Data Collection

1. Are you deaf, or do you have serious difficulty hearing?
2. Are you blind, or do you have serious difficulty seeing, even when wearing glasses?
3. Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions?
4. Do you have serious difficulty walking or climbing stairs?
5. Do you have difficulty dressing or bathing?
6. Because of a physical, mental, or emotional condition, do you have difficulty doing errands alone such as visiting a doctor's office or shopping?

Disability Impacts us All

1 in 5 non-institutionalized adults in Maryland has a disability

People with disabilities experience significant health disparities

Adults with any disability were more likely to report not being able to see a doctor in the last 12 months due to cost

Disability in Maryland

- In Maryland over 72% of adults with disabilities reported having a chronic disease, such as diabetes, hypertension, or kidney disease
- Maryland adults with disabilities report higher rates of depressive conditions, tobacco use, and high weight than people without disabilities
- People who smoke are more likely to report difficulty maintaining their health



Health Equity

Health equity is achieved when every person can attain their full health potential, and no one is disadvantaged from achieving this potential because of social position or other socially determined circumstances



What does Health Disparity Mean?



Health disparities are inequitable and are directly related to the historical and current unequal distribution of social, political, economic, and environmental resources

Health Disparity and People with Disabilities

"Unless you pay attention to people with disabilities from the outset in rethinking solutions, you're going to perpetuate the long-standing disparities among people with disabilities, including those who are racial and ethnic minorities".

~ Barbara (Bobbi) Linn, Disability Activist

Three Examples of Barriers to Health

Healthcare access
barriers

Social Determinants
of Health

Attitudinal Barriers

Addressing Access Barriers

Healthcare Access and the Law

- Americans with Disabilities Act (ADA) and Section 504 Rehabilitation Act require healthcare providers to provide full, equal access to services and facilities

Reasonable Accommodations

- Any modification or adjustment to work environment or program that will enable a person with a disability to perform essential functions and participate

Disability Inclusion

- Ensuring that everyone has the same opportunities to participate in all aspects of life, and making sure adequate policies and practices are in effect in the community to promote full inclusion

Health from the Disability Perspective

Universal Design

Public Health Messaging

Helpful Frameworks

Disability Data

Seven Principles of Universal Design

Equitable use – Useful to people with diverse backgrounds

Flexibility in use – Accommodate a wide range of individual preferences and abilities

Perceptible information – Communicate effective and necessary information to the user regardless of the individual's condition or disability

Universal Design Continued

Tolerance for error – Minimize hazards and the negative consequences of accidental actions

Low physical effort – Be efficiently used and in a comfortable manner with a minimum fatigue

Intuitive– Use of the design is clear

Size and space for approach and use – maintain appropriate size and space for the approach and use of the design that will be implemented

Community Messaging in Public Health

Learn	Learn the “Independent Living Philosophy”
Get	Get to know people with disabilities
Address	Address biases and healthcare barriers
Avoid	Avoid confusing language or medical jargon by using plain language
Encourage	Encourage by offering helpful steps and resources to improve overall health
Consider	Consider alternate methods to instruction
Include	Include images with all disabilities, including those that are not physically evident

Health At Every Size[®] (HAES)

- Health exists on a continuum
- Health conceived as a resource or capacity available to all regardless of health condition/disability
- Health is not a moral obligation
- Health does not determine a person's value
- An alternative to the weight-centered approach
- Promotes health equity
- Improves access to good healthcare regardless of size

Source: The Health at Every Size[®] (HAES[®]) Principles - ASDAH



For Consideration

- What disability and health data does the county currently collect?
- What training resources does the county promote to improve professional awareness of disability cultural competency?

EXAMPLE OF DISABILITY AND HEALTH AWARENESS CAMPAIGN





Resources

Public Health Inclusion Toolkit

- Maryland Department on Health published an [Accessibility and Accommodation Toolkit on Disability and Health](#) which contains inclusion strategies for public health and healthcare professionals
- Disability Health Inclusion Program Website
<https://health.maryland.gov/bhm/DHIP/Pages/home.aspx>

Disability and Health Equity Resources



NCHPAD NiCIP (Inclusive Community Integration Process)



Job Accommodations Network (JAN)



ARI Assistive Technology Programs

Thank You!



CONTACT INFORMATION

Website: www.arinow.org

Phone: (410) 636-2274

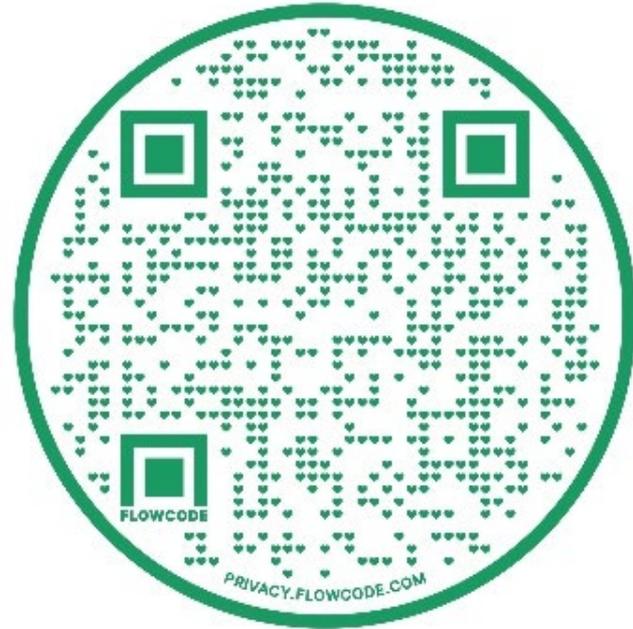
Address: 1406-B Crain Hwy S, Ste 206
Glen Burnie, Maryland 21061

Facebook: www.facebook.com/AccessibleResourcesforIndependence/

Ways to Support ARI

If you found this presentation helpful, please visit our website “Support” page to help us continue providing services for people with disabilities!

<https://arinow.org/support/>



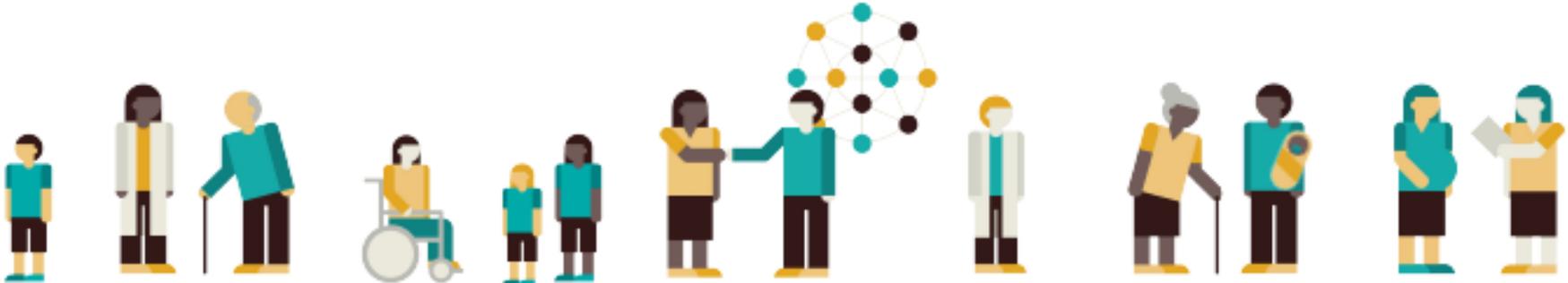


is working with



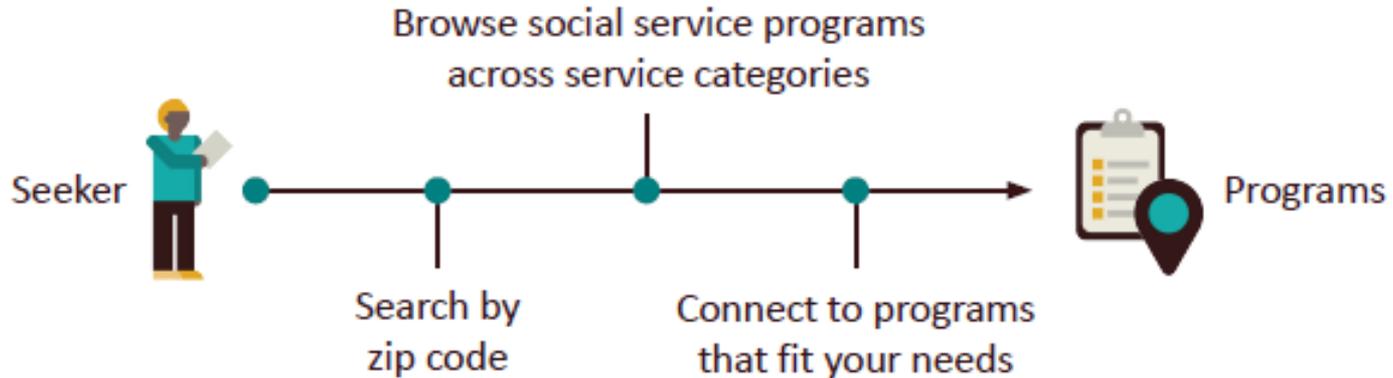
Find Help mission:

To connect all people in need and the programs that serve them (with dignity and ease).





The FindHelp web-based service makes it easy to locate programs and services, understand eligibility, and apply to programs.



Sample search:



ZIP or keyword or program name



Select Language

English



FOOD



HOUSING



GOODS



TRANSIT



HEALTH

Addiction & Recovery >

Dental Care

End-Of-Life Care >

Health Education >

Help Pay For Healthcare >

Medical Care >

Mental Health Care >

Sexual And Reproductive Health >

Vision Care

Health Education - All (359)

daily life skills (63)

disease management (54)

family planning (12)

nutrition education (35)

parenting education (42)

safety education (9)

sex education (10)

[understand disability \(11\)](#)

understand mental health (60)



QUESTIONS?





Call to Action

- **CHECK OUT** and share the National Disability Awareness Month video on Advancing Access and Equity from the U.S. Department of Labor's Office of Disability Employment Policy at: <https://www.dol.gov/agencies/odep/initiative/s/ndeam>
- **PARTICIPATE** in the Healthy Anne Arundel Coalition and spread the word about ways to promote health in our community!



The Healthy Anne Arundel Coalition (HAAC) is a collaboration among county leaders who recognize that health is an important issue impacting the physical, mental, and environmental aspects of life for all who live, work, and play in Anne Arundel County.

Healthy Anne Arundel work groups are community-led with support from local non-profits, private businesses, community members, and government organizations. The two current work groups are:

Mental Health and Wellness

Meeting every other month on the second Wednesday at 9 a.m.

Healthy Eating, Active Living (HEAL)

Meeting every other month on the third Thursday at 12 p.m.

Meeting notes: <https://www.healthyannearundel.org/minutes>

If you are interested in joining one of our dynamic workgroups, please contact Mindi Garrett at HealthyAnneArundel@aacounty.org or 410-222-7405.

Helpful links:



<https://www.facebook.com/HealthyAAC>



www.HealthyAnneArundel.org



www.HealthyAnneArundel.org/upcoming-events



Reminders

- **SHARE** your health equity forum feedback with HERJ Office staff via a brief survey at:
<https://www.surveymonkey.com/r/HERJ2023>
- **JOIN** us for the final community forum this year:
 - Monday, December 11, 2023 | Time and location may change, additional details forthcoming!



CELEBRATE THE HOLIDAY SEASON WITH THE HEALTH EQUITY AND RACIAL JUSTICE OFFICE AND HEALTH EQUITY CHAMPIONS WHO LIVE, WORK, LEAD, WORSHIP, AND LEARN IN ANNE ARUNDEL COUNTY!

Save-the-Date!
December 11th
**Health Equity Forum &
Holiday Reception**

*Thanks for all your
support this year!*

MONDAY, DECEMBER 11, 2023 | TIME & LOCATION MAY CHANGE
STAY TUNED FOR MORE DETAILS!





Meet the HERJ Office Team!



Alexander Bravo (l)
Keith Fielder (r)
Community Health Workers



Chandra Chea
*Community Health Outreach and Grants
Development Consultant, part-time*



Kristin Coleman, MPH
*Health Policy Analyst
Office of Assessment & Planning*



Eona Harrison, PhD
*Health Equity Planning and Implementation
Consultant*



Corynna Limerick, MPH
Program Manager, HERJ Office



Raymond Medley, Jr.
*HERJ Programs &
Advocacy Coordinator*



Keep in Touch With the HERJ Office!



HealthEquity@aacounty.org



AAHealthEquity on Facebook
AASaludEquidad on Facebook

