

Harm Reduction 101

What is Harm Reduction?

Harm reduction (HR) is a set of practical ideas and strategies to reduce the negative consequences of drug use.



Our Mission

Reduce the risks associated with drug use, such as overdose and infectious diseases; and to improve the physical, mental and societal health for people who use drugs and our community.



Training Objectives

- Present the principles of harm reduction
- Explain relevant theory
- Demonstrate the need for HR interventions
- Present data on the effectiveness of HR
- Dispel myths about HR
- Describe HR programs in Anne Arundel County



A free training offered by the
Anne Arundel County Department of Health

Harm Reduction 101

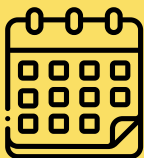
Connect with Us

Call, email, use the link or scan the QR code below to express interest in this training.



Schedule a Training

Register for an existing training or schedule a new 1-2 hour training for your group. We can come to you, host or do it virtually.



About the Training

For adults 18 and older. No other requirements to take this fun, interactive training. Completion certificates will be provided upon request.



Let's Work Together

Collaborate with us to support and implement harm reduction in Anne Arundel County communities.



To register, scan the QR code or visit:
AAHealth.org/harm-reduction-training

For more information, contact:
AAPOWER@aacounty.org
410-222-1842

