

## Local Bereavement Resources (continued)

### Life Center

410-987-2129 or [griefinfo@chesapeakelifecenter.org](mailto:griefinfo@chesapeakelifecenter.org)

90 Ritchie Highway, Pasadena, MD 21122

[chesapeakelifecenter.org](http://chesapeakelifecenter.org)

Support group meetings. Call to pre-register. Perinatal support to families who received a difficult pregnancy diagnosis or experienced pregnancy loss or neonatal death. No cost for the first four sessions, sliding scale for subsequent sessions. Individual, family and group support is available.

### Silver Leaf Counseling

410-294-0152 or [heathersilver@gmail.com](mailto:heathersilver@gmail.com)

The Sweeney Center, 1061 Baltimore Annapolis Boulevard, Arnold, MD 21012

[silverleafcounseling.org](http://silverleafcounseling.org)

Counseling and services for perinatal and pediatric bereavement and perinatal and postpartum depression. The only dedicated and specialized practice for Perinatal Palliative Care in Maryland.

## Statewide Organizations

### Center for Infant and Child Loss

410-706-5089 or [caring@som.umaryland.edu](mailto:caring@som.umaryland.edu)

737 W. Lombard Street, Room 233, Baltimore, MD 21201

Support group meetings. Counseling and support for bereaved families of sudden infant or child loss. Free for parents and adult family members of babies who died of SIDS or infant death, including stillbirth, miscarriage and NICU death. Counselor on staff can refer families to other community support groups. Associated with the University of Maryland Medical System.

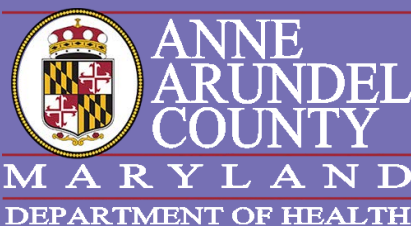
### Maryland Crisis Hotline

800-422-0009

24-hour crisis intervention and supportive counseling for depression, suicide, loneliness, family and relationship problems, shelter needs, violent or threatening domestic situations, chemical dependency issues and others.

### Maryland Information and Referral Call 2-1-1

24/7 Emergency mental health services.



[www.aahealthybabies.org](http://www.aahealthybabies.org)  
410-222-7223



## A Resource List for Anne Arundel County Parents

Experiencing Miscarriage,  
Stillbirth or Loss of an Infant

## Local Bereavement Resources

**Anne Arundel County Mental Health Agency,  
24/7 Community Warm Line  
410-768-5522**

For immediate help. All calls and care are confidential.

**Luminis Health/Anne Arundel Medical Center (AAMC)  
443-481-1000  
luminishealth.org**

Ask for the Perinatal Grief Counselor on call. Offers a yearly Remember Service for parents who have lost a baby.

**Baltimore Washington Medical Center  
410-787-4688**

The Pascal Women's Center Social Workers offers referrals to bereavement resources for fetal and infant losses.

**Anne Arundel County Chapter of the Bereaved  
Parents of the USA  
410-551-5774 or aabereavedparents@gmail.com  
aacounty-md-bereavedparents.org**

Support group meetings. Free services. Sends families bereavement information and a newsletter with a list of support groups in their area.

**Gilchrist Hospice Care  
443-849-8200**

**gilchristhospice.org**

Provides bereavement counseling for families that have had a fetal or infant loss.

**MedStar Harbor Hospital, Hospice of St. Mary's,  
Bereavement Center  
301-994-3023 or msmh.hospice@medstar.net**

Grief support to the entire family affected by a terminal illness and after death for up to 13 months. Services are offered to surviving family members and loved ones of Hospice of St. Mary's patients, community members, organizations, schools and individuals in health care.

**Howard County Hospital, Rising Hope,  
Perinatal Bereavement  
410-884-4709**

**hopkinsmedicine.org/johns-hopkins-howard-  
county/services/mothers-and-babies/rising-hope**

Virtual support group meetings. For parents who have lost a baby to miscarriage, stillbirth, or newborn death.

## National Organizations

**988 Suicide and Crisis Lifeline  
Call or Text 988  
988lifeline.org**

24/7, free and confidential support for those in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the U.S.

**Compassionate Friends National Office  
877-969-0010  
compassionatefriends.org**

Offers support for bereaved parents, siblings and grandparents who have experienced the death of a child at any age. Call for local chapter information.

**Dougy Center  
dougy.org**

Provides support for grieving families, children and teens.

**First Candle  
800-221-7437  
firstcandle.org**

Provides referrals to local support groups. Bilingual crisis counselors are available 24/7. Operates the SIDSNET List Serve at [sids-network.org/mlst.htm](http://sids-network.org/mlst.htm).

**Grief Watch/Perinatal Loss  
griefwatch.com**

Resources for pregnancy loss and support for general loss. Site includes a relative links index, message boards and related grief topics.

**March of Dimes  
888-663-4637 or 410-752-7990  
marchofdimes.org**

For parents who lost an infant with a birth defect or genetic disorder. Provides inexpensive publications on a wide range of specific disorders. The Resource Center provides accurate, timely information and referral services to the public. A bereavement kit is also available.

**Military One Source  
800-342-9647**

**militaryonesource.mil/non-medical-counseling**

Provides counseling for military families that have had a fetal/infant loss.

**Share Pregnancy and Infant Loss Support  
800-821-6819  
nationalshare.org**

Mutual support for bereaved parents and families who have suffered a loss due to miscarriage, stillbirth or neonatal death. Provides newsletter, pen pals and referrals.

**SIDS (Sudden Infant Death Syndrome) Hotline  
800-232-SIDS (7437) or prevent@SIDS.org  
SIDS.org**

Supports research, educates the public, produces a newsletter and provides a phone support network.

**UNITE, Inc.  
484-758-0002 (voicemail) or  
administrator@unitegriefsupport.org  
unitegriefsupport.org**

Support for parents grieving a miscarriage, stillbirth or infant death. Support for parents through subsequent pregnancies. Group facilitator and grief counselor training programs. Group meetings, phone counseling, newsletter and annual conference.

