Practice Social Distancing

Slow Down the Spread of a Highly Contagious Disease

Increase space between you and others AND decrease contact with others

A 6-foot distance between you and others is suggested

Avoid crowds and limit the number of people in small spaces

Avoid contact with those who are sick AND avoid others if you are sick

Avoid handshaking, hugging and other intimate types of greetings

ANNE ARUNDEL COUNTY
MARYLAND
DEPARTMENT OF HEALTH
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3/2020